To advance excellence in anesthesia care by meeting our members’ needs and increasing public awareness that CRNAs provide Iowans high-quality anesthesia services in all practice settings.
Iowa CRNAs:
As the Fall Meeting approaches it is hard to believe that an entire year has passed since the last Fall Meeting when I began this term. It seems as though the year has passed by so quickly, and no doubt this is due to so many big events that we, as Iowa CRNAs, have dealt with this year. We have victories to cheer and other fights in progress that require our continued resolve to see through to the end.

This last year has seen a major vindication for the entire nursing profession in the Iowa Supreme Court decision IMS/ISA vs IDPH and IBON. This ruling is the culmination of years of regulatory and judicial process, and many hours of work. On the surface this is a ruling on the validity of a rule passed by the IDPH and IBON, but it has deeper ramifications as precedent for who ultimately dictates the practice of nursing in the state: the Board of Nursing or the ill-defined “Medical Profession”. Our lobbyist, and lawyer, Jim Carney and his staff have steered our association through this fight with great skill, strategy, and excellent arguments. On behalf of all of Iowa's CRNAs I feel comfortable saying that we are all very grateful for the hard work Jim and his staff have put into this battle over the years. In addition to Jim and his legal team there are many more people to thank for their time and work seeing this through. Many of you took the time to testify about your practice and experience to various committees and regulatory boards, or wrote letters to legislators and regulators. You attended legislative receptions and spoke with lawmakers, and many other activities that helped the cause tremendously. Members of the IANA leadership worked together to help Jim and his staff and dedicated their time to do what was asked of them. In particular Mindy Miller, Mary Obrien, Dave Pederson, and Mark Odden dedicated a great deal of their time to this issue, attending meetings and providing testimony when needed as well as providing leadership. The AANA was also there to help, and provided considerable financial resources to us. It was truly a team effort that all of us can be proud of, with particular gratitude to the leaders of the team. A win at the Supreme Court is great for Iowa and ultimately for the whole country.

On the national level Iowa has also been well represented and recognized. Thanks to all of you who voted in the AANA elections last spring we are proud to have past president Mark Odden as our national region 4 director. We know Mark will do an excellent job, as he has always done. Mark is well known, and well respected, on the national level and we are excited to have him representing us. As our state-wide issues continue it is helpful to have someone like Mark in a national position who is already intimately familiar with the details. We wish Mark the best and look forward to continuing to work with him.
President’s Message Continued . . .

As mentioned at the Spring Meeting, past president Mindy Miller received the Ira P. Gunn Award at the annual meeting in Las Vegas. Mindy is the third recipient of this award from Iowa since its inception in 2001 joining William Miller and Mary Obrien. The award is presented to an individual who, through leadership and/or personal effort, has made a highly significant contribution to the preservation and advancement of the nurse anesthesia profession through legislative, legal and/or regulatory efforts. Congratulations to Mindy! She continues to be a leader of the IANA and her tireless efforts to protect our practice have been deservedly recognized.

While the Supreme Court ruling was a positive outcome for us, threats to our practice have come from other directions. Two companion bills, one in the state house and one in the state senate, were introduced last session that would have effectively prohibited the practice of chronic interventional pain management by CRNAs. While we are happy that neither bill made it out of committee we are confident that these bills will be introduced again in future sessions, in one form or another. Thanks in large part to the excellent relationships that all of us have made with our legislators, and the vigilance of Jim Carney and the IANA leadership, we are in a good position to continue to educate state legislators about why these bills are bad for cost-effective access to care for the citizens of Iowa. These legislative efforts to restrict our practice by our political opponents illustrate why it is important to have a strong PAC; and the importance for all of us to have good personal relationships with our elected representatives.

An even more direct threat to our practice surfaced late last fall when it was discovered that Governor Terry Branstad was considering reversing the supervision “opt-out” that has been in place for 12 years. Since last Spring we have seen the formation of the “Working Group” lead by Dr. Marianette Miller-Meeks, and Jim Carney and Mindy Miller presented testimony to that group. We are still waiting for the decision to be officially made. Once the working group was announced, we once again asked all of you to collect letters from the physicians you work with and send them to Dr. Miller-Meeks and the Governor. We were able to collect many letters from all over the state, showing that the IMS and the ISA does not represent the entire will of the “Medical Profession.” Again, thanks to our strong relationships with legislators, we were able to get many state legislators to write to both the Governor and Dr. Miller-Meeks in support of continuing the opt out. We expect the decision soon, but the definition of soon is particularly subjective when dealing with government bureaucracies. We continue to be hopeful that the overwhelming evidence of our safe practice, along with the strong statements of support from key allies in the legislature, the Iowa Hospital Association, and physician colleagues across the state, we will prevail in this battle. The leadership of the IANA, in conjunction with the AANA, is preparing for either scenario. Until the decision has been made we continue to ask for letters from physicians to be sent to Governor Branstad and Dr. Miller-Meeks, just email IowaCRNAs@gmail.com if you have any questions.
President’s Message Continued . . .

We hope that you can all come to the IANA Fall Educational Meeting. The Education Committee has put together another great meeting, details of which can be found on the web site IowaCRNAs.com. As you may recall the meeting was originally scheduled for the weekend of October 4, 5, 6 but due to some logistical problems the IANA Board moved the meeting up one weekend to September 27, 28, 29. Unfortunately for me that put the meeting into a trip that I had planned, and paid for, over two years ago. I will be camping in the Grand Canyon during that time and truly “off the grid.” Mary Lamar will step in and manage the business meeting over the Fall Meeting weekend. As for the rest of the IANA leadership, there have been a couple of changes that will take effect in the Fall. Randy Cornelius has returned from Afghanistan safely, and we all welcome him back. He has indicated that he will need to take a temporary step back from his duties in the IANA leadership, and while retaining his role as PAC chair he will step back as Treasurer. Board member Mike Anderson will be running for this role. To fill Mike’s board position last year’s student representative, and newly minted CRNA, Brad Zeithamel will be joining the IANA Board, and we wish him a warm welcome. Dustin Bozwell has also been a valuable Board member over the last 2 years but, due to many other commitments, can not continue on in his position. We are thankful to Dustin for his service and wish him the best. Running for this spot will be Dave Pederson. Dave has been a key leader of the association for many years, and I’m sure needs no introduction. Thank you Dave for all you have done and will continue to do for all of us.

This has been a very busy, active, year for our profession at the state level. We in the leadership will continue to work hard, in our voluntary roles, to remain vigilant and pro-active on behalf of the profession. Because we are all volunteers with busy professional and family lives, not all of us can be everywhere all of the time; but some contingent of us are everywhere all of the time. We can also not stress enough how important all of you have been, thank you for your attention and engagement in helping us to defend our practice. It all starts with the great care all of you provide every day, if we did not have that these battles would be lost from the start. Great job everyone!

Troy Anderson, CRNA, MSN, ARNP
President: Iowa Association of Nurse Anesthetists
Federal Political Director’s Report

One sure sign of fall approaching is the start of football season. No matter if you follow high school ball, college or professional teams, it seems one cannot escape the hype and excitement of the action. In Iowa, playing and watching games has been a bit of a challenge with the warm, dry weather we have had. Game-day strategies often change at the last minute to accommodate this unexpected warmth. Everyone on the team has to pay attention and be ready to adapt.

Our association is no different. We have become masters of the game-day change in plans. Every CRNA has to adapt and alter plans to meet the challenges of everyday practice. We have been in a state of limbo for the past year, waiting for Governor Branstad to issue any kind of statement regarding his consideration of reversing the Opt-out from physician supervision in Iowa. After CRNAs and concerned citizens voiced their concerns (thank you so much for that!) he announced last fall that he would ask the director of the Iowa Department of Public Health, Dr. Marianette Miller-Meeks to form a “work group” to study the issue. Time passed, and the work group met this summer. The IANA met with this group and presented our facts, and once again we wait. Please know that we will notify the IANA membership when we have anything to report. Until then, we must continue to provide the best, safest anesthesia care possible, and work with our surgeons and facilities to help them understand what a valuable resource CRNAs are to this state.

As various parts of the Affordable Care Act begin to come into effect, there is a lot of uncertainty about what these changes will do to impact our work environments. Many of us have not experienced this level of tension at our workplaces in our professional lifetimes. Facilities are changing their relationships with CRNAs and others who provide services to maximize their revenue while trying to limit their expenses. Please let us know if you experience changes in your work environments due to budget crunches that seem more than you have seen in the past. Individually you may feel there is nothing you can do, but there is power in numbers, and if everyone knows where the problems are, we can try to work together to find solutions. We may all face new problems in reimbursement, so we should try to identify problems early, so we can find solutions before things get too ugly.

Please keep abreast of new requirements by CMS for reporting of PQRS data. These new requirements by Medicare stem from the “pay for performance” initiative, that originally awarded a bonus to physicians and other providers (CRNAs included) for reporting certain quality measurement data. Beginning in 2014, CMS will not award a bonus, but will instead deduct a portion of your reimbursement for failure to report this data. Your billing companies and hospital billing departments should be aware of these measures, and you should already be making sure to include these things in your patient records. The measures include:
Federal Political Director’s Report continued . . .

- 30. Perioperative Care: Timely Administration of Prophylactic Parenteral Antibiotics
- 193. Perioperative Temperature Management
- 20: Perioperative Care: Timing of Antibiotic Prophylaxis-Ordering Physician
- 145: Radiology: Exposure Time Reported for Procedures Using Fluoroscopy

Every CRNA should become familiar with PQRS reporting instructions and guidelines. This incentive represents future earnings for an individual CRNA or for his or her employers. Please refer to the CMS website for details.


You would have to be living under a rock to not have heard that the Iowa Supreme Court ruled in favor of the Iowa Board of Nursing (BON) on their appeal of the District Court decision regarding the authority of the BON to determine the scope of practice for nurses and upholding the rules in force regarding ARNP supervision of fluoroscopy, and the education requirements for those ARNPs utilizing fluoroscopy. This is a huge victory for CRNAs, all nurses and especially the BON. We believed that the BON had the sole authority to determine the scope of practice for nurses, not any other board or group of physicians or anyone else, and now the Supreme Court has put this in writing. This marks the end of a 6 year long battle over the use of fluoroscopy in our state, and sets precedent for the future not only here in Iowa, but across the country. We can be especially proud of our IANA leadership and our lobbyist/legal counsel for the work involved in assisting the BON to this end. Both the BON rule and the rule authorizing ARNPs as professionals who may supervise fluoroscopy contained in the IDPH Administrative Code are now in force. That being said, please remember that if you use fluoroscopy in your practice, you must complete an annual radiation safety review and keep those records available. It just happens that such a review will take place at the IANA Fall Meeting, Sept. 27-29, in Des Moines. Please come and participate.

Even though the fluoroscopy battle may seem to be over, we know this is not the case. Others will continue to try and restrict our practice through legislative and other means. We need to constantly be aware of what is happening around us, on the state and national level. Even though this is not an election year, candidates are positioning themselves to run for offices already. Come to the Business Meeting at our fall meeting and get updated on who is doing what, and what our legislative goals will be for the future.
Federal Political Director’s Report continued . . .

As the health care landscape changes, we need to alter our game plan to be ready to meet the challenges ahead. Please stay informed, let IANA leadership know if you hear of trouble on the horizon. We will do everything to keep you informed, and will always strive to protect CRNA practice.

Respectfully submitted,
Mary O’Brien, MSN, EJD, CRNA, ARNP
IANA federal Political Director
Vice President’s Report

Wow! It is amazing how the summer has flown by and soon we will be seeing each other at the Fall Meeting on September 26-28th. The Education committee has worked hard to put together a meeting with excellent education opportunities for all the members. One item to highlight is the Anesthesia Billing and Compliance lectures by Juan Quintana on Friday morning. These topics will be beneficial for other billing personal besides CRNAs so please pass the word and brochure to your billing folks.

Once the fall meeting education agenda was confirmed, it was off to Las Vegas to the AANA Annual Meeting at Mirage. It was a great meeting. There were several strategic planning meetings with Frank Purcell, Chris Bettin, and Anna Polak in regards to “Opt Out”, which Governor Branstad is considering reversing. The current update on the “OPT Out” is we are still waiting to receive Iowa Department of Public Health recommendation from the Dr Miller-Meeks special workgroup. In early August we received a memo stating, Governor was expecting it soon, but as of yet, we have heard nothing. So far CRNAs, MD and CEOs in support of the “Opt Out” have flooded Dr. Miller-Meeks and Governor with over 100 letters. A Sincere Thank you to all those who advocated and sent letters in support of the “OPT Out.” Be assured Mindy Miller, Jim Carney and IANA Board is on top of this issue and will let the membership know when we hear something from the Governor whether it be positive or negative.

Other highlights from the Annual Meeting included Mindy Miller, CRNA receive the Ira Gunn Award and Mark Odden, CRNA to be inducted into the AANA Board of Directors as region 4 director, at the annual banquet. Congratulations to Mindy and Mark, we are very proud of them!!

Last little news from the Annual meeting was at the Business Meeting with the bylaws revision to remove specific language of NBCRNA and COA from certain Bylaws. This revision allows the AANA Board greater flexibility in working with the NBCRNA and COA. For specific details please see the AANA website. It was a great pleasure to represent Iowa CRNAs at the annual meeting and thank you to all those CRNAs who attended the Annual meeting.

Treasurer Update:

While Randy Cornelius was away defeating our American Freedoms overseas, I served as the interim Treasurer. I speak for many, in Welcoming Randy back home safely. Thanks to all CRNAs serving in the Military and God bless all of you. Over the summer the Finance committee has been working on analyzing our Budget and planning for the future of IANA financially. The Finance Committee will continue to work on the budget and set up spending guidelines to streamline some of the financial matters for future IANA leadership. We continue to run in the Black and our meetings serve as one of our largest income revenue generators, so thank you to all those who attend our fall and spring meetings.

Respectfully submitted,

Mary LaMar, CRNA, MSN, ARNP
IANA Vice President
Website Update

www.iowacrnas.com

Be sure to check out the IANA website! We have lots of new information, including quick links to find your legislator and links to great studies supporting CRNA’s and the fantastic work you all do. We have also added a section for your local state representative, a one stop shop you can direct them to when discussing CRNA issues.

As in the past, registration and payment for the Fall meeting can also easily be completed through the website. We also would like to remind you that as an IANA member, you are welcome to post any job openings, permanent or temporary, or seeking employment for FREE on the website.

NEW to IANA, you can now purchase IANA apparel and merchandise! Visit our website to view coffee mugs, dry fit pullovers and more! We are currently accepting pre-orders until – to be picked up at the IANA Fall Meeting. Orders can also be shipped directly to you for a flat shipping fee.

And as always, we would love to hear your thoughts and suggestions on ways we can continue to improve the website. We are always looking for volunteers, so if you are interested in spending just an hour or so to help out, it would be great appreciated!

Stephanie Klein, MSN, CRNA
### IANA Order Form

**March 2013**

**Name** _______________________________  **Phone** _______________________________

**Email** _______________________________

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*XXL T-Shirts $1.50 More  XXL Hoodies + Crews $2.50 More*

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IANA

**Order/Pay Via Credit Card online at** www.iowacrnas.com

**Contact With Questions** Tara Anderson  
Association Manager  
515.681.9532  
jlandtara@gmail.com

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**Tax 6%**  
**Shipping** $5.00  
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All Orders, Once Submitted, Are Final. No Refunds or Exchanges.
American Association of Nurse Anesthetists Announces New Board of Directors

Chicago, IL – The American Association of Nurse Anesthetists [AANA] Monday announced their 2014-2016 National Board of Directors. The following Certified Registered Nurse Anesthetists [CRNAs] will work to advance patient safety and access to anesthesia care throughout the USA. Mark Odden, BSN, MBA, CRNA, ARNP, of Manchester, Iowa, was recently elected to this national director position specifically representing the states: North Dakota, South Dakota, Nebraska, Kansas, Oklahoma, Arkansas, Minnesota, Iowa, and Missouri. All seven of the board members will serve a two-year term.

CRNAs are advanced practice registered nurses who specialize in anesthesia and pain care and who safely administer more than 32 million anesthetics to patients each year in the United States. CRNAs practice in every setting in which anesthesia care is delivered: hospitals, obstetrical delivery rooms, ambulatory surgery centers, doctor’s offices and in pain management clinics. Nurse anesthetists have been providing anesthesia care to patients in the United States for 150 years.

CRNAs are the primary providers of anesthesia care in rural America, enabling healthcare facilities in these medically underserved areas to offer obstetrical, surgical, pain management and trauma stabilization services. In some states, CRNAs are the sole providers in nearly 100 percent of the rural hospitals.

Nurse anesthetists have been the main providers of anesthesia care to U.S. military personnel on the front lines since World War I, including the current conflicts in the Middle East. According to a 1999 report from the Institute of Medicine, anesthesia care is nearly 50 times safer than in the 1980s.

CRNAs provide anesthesia in collaboration with surgeons, anesthesiologists, dentists, podiatrists, and other qualified healthcare professionals. When anesthesia is administered by a nurse anesthetist, it is recognized as the practice of nursing; when administered by an anesthesiologist, it is recognized as the practice of medicine. Regardless of whether their educational background is in nursing or medicine, all anesthesia professionals give anesthesia the same way.

According to a 1999 report from the Institute of Medicine, anesthesia care is nearly 50 times safer than it was in the early 1980s. Numerous outcomes studies have demonstrated that there is no difference in the quality of care provided by CRNAs and their physician counterparts.

A nurse anesthetist for more than 29 years, Mark Odden completed the Nurse Anesthesia Program at the Mayo Clinic in Rochester, Minnesota. In addition, he received a Masters degree in Business Administration from the University of Iowa in Iowa City, Iowa.

When he is not providing safe anesthesia care to his patients, Mark manages Iowa Anesthesia, LC, and Odden Anesthesia Services, LC, companies he formed in 2001. He also spends free time with family and friends, and enjoys participating in community betterment projects.
American Association of Nurse Anesthetists Announces New Board of Directors  cont.

“I am looking forward to representing our nation’s over 45,000 nurse anesthetists who administer safe anesthesia care to thousands of patients every day in urban, rural and military locations” said Mark Odden, CRNA. “Throughout the upcoming year our association will be continuing to advance safe anesthesia practice and access to care for all Americans. It is a high honor for me to represent the IANA and Region 4 as we move this great profession forward.”

About the American Association of Nurse Anesthetists [AANA]

The American Association of Nurse Anesthetists was founded in 1931. Currently, there are more than 45,000 nurse anesthetists throughout the United States. The mission of the association is to advance patient safety and facilitate access to high quality anesthesia care. For more information about the American Association of Nurse Anesthetists (AANA), please visit the website at www.aana.com.
Meeting Agenda

**Friday September 27th**

730-830: Juan F. Quintana CRNA, DNP, Director AANA Region 7: *Anesthesia Billing and Compliance Part I*

830-930: Juan F. Quintana CRNA, DNP, Director AANA Region 7: *Anesthesia Billing and Compliance Part II*

930-1000: Break

1000-1100: Juan F. Quintana CRNA, DNP, Director AANA Region 7: *Cost Effectiveness Analysis – Lewin Group Study*

1100-1200: Juan F. Quintana CRNA, DNP, Director AANA Region 7: *AANA Update*

1200-1300: Lunch

1300-1400: MAJ Richard Jacobson, US ARMY: *Lower leg regional blocks*

1400-1500: Andrea Richey: *New Technology In PICC lines: Finding the Tip*

1500-1530: Break

1530-1630: Andrea Richey: *New Technology In PICC lines: Finding the Tip*

1630-1730: Panel Discussion

**Saturday September 28th**

0730-0830: Joseph E. Pellegrini, PhD, CRNA: *New controversies in OB*

0830-0930: Joseph E. Pellegrini, PhD, CRNA: *Treatment of SIH in pregnancy*

0930-1000: Break

1000-1100: Joseph E. Pellegrini, PhD, CRNA: *New Research: Use of Videolaryngoscopy Outside of the OR*

1100-1200: Mary LaMar, CRNA, MSN, ARNP: *Current Issues for Iowa CRNAs*

1200-1300: Lunch

1300-1400: Joe Dietrick, CRNA, M.A.: *Hospital Emergency Management & Anesthesia*

1400-1500: Joe Dietrick, CRNA, M.A.: *Anesthesia for Non-Obstetrical Surgery During Pregnancy & Anesthesia for Abnormal Presentations in Pregnancy*

1500-1530: Break
Meeting Agenda

1530-1630: Scott Broughton CRNA, MS: *Monitoring Neuromuscular Blockage: Pointers and Pitfalls*

1630-1730: Scott Broughton CRNA, MS: *Sugammadex*

**Sunday September 29th**

0730-0830: W. Keith Barnhill, CRNA/ARNP: *Radiation Safety*

0830-0930: W. Keith Barnhill, CRNA/ARNP: *Fluoroscopy use for the CRNA*

0930-1000: Break

1000-1100: W. Keith Barnhill, CRNA/ARNP: *Pain lecture*

1100-1200: W. Keith Barnhill, CRNA/ARNP: *Pain Lecture - Panel Discussion*
Mark Your Calendars!

Future IANA Educational Meeting Dates
Holiday Inn & Suites at Jordan Creek – West Des Moines, IA

**Fall 2013**
September 27^{th}-29^{th}, 2013

**Spring 2014**
April 25^{th}-27^{th}, 2014

**Fall 2014**
September 26^{th}-28^{th}, 2014

**Spring 2015**
May 1^{st}-3^{rd}, 2015

**Fall 2015**
September 25^{th}-27^{th}, 2015